

## SODA BREAD

# IRWIN'S UNSLICED COTTAGE WHEATEN



### INGREDIENTS

Buttermilk (**Milk**) (44%), Wholemeal **Wheat** Flour, Cracked **Wheat**, Vegetable Oils (Palm, Rapeseed), **Wheat** Flakes, Salt, Raising Agent (E501), Emulsifiers (E471), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5057
PRODUCT WEIGHT	500g
CASE QUANTITY	6
CASES PER PALLET	144
LAYERS PER PALLET	8
CASES PER LAYER	18
PALLET HEIGHT	1.49 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 45g)	RI	% Daily Reference Intake (approx 45g)
ENERGY	972 kJ 231 kcal	437 kJ 104 kcal	2000kcal	5%
FAT of which saturates	4.2g 0.5g	1.9g 0.2g	70g 20g	3% 1%
CARBOHYDRATE of which sugars	42.8g 2.8g	19.3g 1.3g	90g	1%
FIBRE	7.9g	3.6g		
PROTEIN	9.4g	4.2g		
SALT	1.0g	0.5g	6g	8%

This product contains 11 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 972 kJ / 231 kcal

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# SODA BREAD



## SODA BREAD

# IRWIN'S WHEATEN SLICES x 2



### INGREDIENTS

Buttermilk (**Milk**) (44%), Wholemeal **Wheat** Flour, Cracked **Wheat**, Vegetable Oils (Palm, Rapeseed), **Wheat** Flakes, Salt, Raising Agent (E501), Emulsifiers (E471), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5361
PRODUCT WEIGHT	2 x 45g
CASE QUANTITY	90
CASES PER PALLET	30
LAYERS PER PALLET	5
CASES PER LAYER	7
PALLET HEIGHT	1.06 m

NUTRITIONAL INFORMATION	PER 100G	PER PACK (approx 90g)	RI	% Daily Reference Intake (approx 90g)
ENERGY	972 kJ 231 kcal	875 kJ 208 kcal	2000kcal	10%
FAT of which saturates	4.2g 0.5g	3.8g 0.4g	70g 20g	5% 2%
CARBOHYDRATE of which sugars	42.8g 2.8g	38.6g 2.6g	90g	3%
FIBRE	7.9g	7.2g		
PROTEIN	9.4g	8.4g		
SALT	1.0g	0.9g	6g	15%

This product contains 1 serving

Of your Daily Reference Intake.  
Typical energy values per 100g: 972 kJ / 231 kcal

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# SODA BREAD



## SODA BREAD

# IRWIN'S STOUT WHOLEGRAIN WHEATEN



### INGREDIENTS

Wholemeal **Wheat** Flour, Buttermilk (**Milk**) (19%), Irish Stout (17%), Treacle, **Oats**, Butter (**Milk**), Brown Sugar, Raising Agent (E501, E450), Salt, Preservative (E282, E202), **Wheat Gluten**.

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5393
PRODUCT WEIGHT	500g
CASE QUANTITY	10
CASES PER PALLET	56
LAYERS PER PALLET	8
CASES PER LAYER	7
PALLET HEIGHT	1.54 m

NUTRITIONAL INFORMATION	PER 100G	PER SERVING (approx 45g)	RI	% Daily Reference Intake (approx 45g)
ENERGY	998 kJ 236 kcal	449 kJ 106 kcal	2000kcal	5%
FAT of which saturates	3.1g 1.3g	1.4g 0.6g	70g 20g	2% 1%
CARBOHYDRATE of which sugars	46.2g 11.3g	20.8g 5.1g	90g	6%
FIBRE	5.6g	2.5g		
PROTEIN	8.7g	3.9g		
SALT	1.0g	0.5g	6g	8%

This product contains 11 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 998 kJ / 236 kcal

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# SODA BREAD



## SODA BREAD

# IRWIN'S COTTAGE WHEATEN SLICED



### INGREDIENTS

Buttermilk (**Milk**) (44%), Wholemeal **Wheat** Flour, Cracked **Wheat**, Vegetable Oils (Palm, Rapeseed), **Wheat** Flakes, Salt, Raising Agent (E501), Emulsifiers (E471), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	1955
PRODUCT WEIGHT	500g
CASE QUANTITY	6
CASES PER PALLET	144
LAYERS PER PALLET	8
CASES PER LAYER	18
PALLET HEIGHT	1.49 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 45g)	RI	% Daily Reference Intake (approx 45g)
ENERGY	972 kJ 231 kcal	437 kJ 104 kcal	2000kcal	5%
FAT of which saturates	4.2g 0.5g	1.9g 0.2g	70g 20g	3% 1%
CARBOHYDRATE of which sugars	42.8g 2.8g	19.3g 1.3g	90g	1%
FIBRE	7.9g	3.6g		
PROTEIN	9.4g	4.2g		
SALT	1.0g	0.5g	6g	8%

This product contains 11 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 972 kJ / 231 kcal

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# SODA BREAD





## HOT PLATE

# IRWIN'S POTATO FARLS 4's



### INGREDIENTS

Reconstituted Dried Potato Flakes (90%), Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Salt, Preservatives (E282, E202), Emulsifier (E471), Stabiliser (E450), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	1957
PRODUCT WEIGHT	240g
CASE QUANTITY	24
CASES PER PALLET	91
LAYERS PER PALLET	7
CASES PER LAYER	12
PALLET HEIGHT	1.5 m

NUTRITIONAL INFORMATION	PER 100G	PER FARL (approx 60g)	RI	% Daily Reference Intake (approx 60g)
ENERGY	777 kJ 184 kcal	466 kJ 110 kcal	2000kcal	6%
FAT of which saturates	3.6g 0.4g	2.2g 0.2g	70g 20g	3% 1%
CARBOHYDRATE of which sugars	36.9g 2.9g	22.1g 1.7g	90g	2%
FIBRE	2.5g	1.5g		
PROTEIN	2.3g	1.4g		
SALT	1.0g	0.6g	6g	10%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 777 kJ / 184 kcal

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# HOT PLATE



## HOT PLATE

# IRWIN'S SODA FARLS 2's



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Buttermilk (**Milk**)(42%), Raising Agents (E450, E501), Vegetable Oils (Palm, Rapeseed), Salt, Preservatives (E282, E202), Emulsifier (E471).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5003
PRODUCT WEIGHT	285g
CASE QUANTITY	10
CASES PER PALLET	72
LAYERS PER PALLET	6
CASES PER LAYER	12
PALLET HEIGHT	1.35 m

NUTRITIONAL INFORMATION	PER 100G	PER HALF FARL (approx 72g)	RI	% Daily Reference Intake (approx 72g)
ENERGY	956 kJ 226 kcal	688 kJ 163 kcal	2000kcal	8%
FAT of which saturates	2.9g 1.8g	2.1g 1.3g	70g 20g	3% 7%
CARBOHYDRATE of which sugars	45.5g 3.8g	32.8g 2.7g	90g	3%
FIBRE	2.3g	1.6g		
PROTEIN	6.7g	4.8g		
SALT	1.2g	0.9g	6g	15%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 956 kJ / 226 kcal

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# HOT PLATE



## HOT PLATE

# IRWIN'S PANCAKES 4's



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Buttermilk (**Milk**)(31%), **Egg**, Sugar, Partially Inverted Refined Syrup, Vegetable Oils (Palm, Rapeseed), Raising Agents (E450(a), E500), **Wheat** Fibre, Humectant (E422), Salt, Emulsifier (E471, E470(a)), Preservative (E202), Colour (E160(a)), Flavouring.

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5211
PRODUCT WEIGHT	160g
CASE QUANTITY	24
CASES PER PALLET	56
LAYERS PER PALLET	8
CASES PER LAYER	7
PALLET HEIGHT	1.54 m

NUTRITIONAL INFORMATION	PER 100G	PER PANCAKE (approx 40g)	RI	% Daily Reference Intake (approx 40g)
ENERGY	1084 kJ 257 kcal	434 kJ 103 kcal	2000kcal	5%
FAT of which saturates	4.4g 0.6g	1.8g 0.2g	70g 20g	3% 1%
CARBOHYDRATE of which sugars	50.1g 20.3g	20.0g 8.1g	90g	9%
FIBRE	2.7g	1.1g		
PROTEIN	5.5g	2.2g		
SALT	1.2g	0.5g	6g	8%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1084 kJ / 257 kcal

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# HOT PLATE



## HOT PLATE

# IRWIN'S POTATO FARLS 4's



### INGREDIENTS

Reconstituted Dried Potato Flakes (90%), Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Salt, Preservatives (E282, E202), Emulsifier (E471), Stabiliser (E450), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5657
PRODUCT WEIGHT	240g
CASE QUANTITY	12
CASES PER PALLET	100
LAYERS PER PALLET	4
CASES PER LAYER	27
PALLET HEIGHT	0.76 m

NUTRITIONAL INFORMATION	PER 100G	PER FARL (approx 60g)	RI	% Daily Reference Intake (approx 60g)
ENERGY	777 kJ 184 kcal	466 kJ 110 kcal	2000kcal	6%
FAT of which saturates	3.6g 0.4g	2.2g 0.2g	70g 20g	3% 1%
CARBOHYDRATE of which sugars	36.9g 2.9g	22.1g 1.7g	90g	2%
FIBRE	2.5g	1.5g		
PROTEIN	2.3g	1.4g		
SALT	1.0g	0.6g	6g	10%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 777 kJ / 184 kcal

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# HOT PLATE





## HOT PLATE

# IRWIN'S SLICED SODA FARLS 4's



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Buttermilk (**Milk**)(42%), Raising Agents (E450, E501), Vegetable Oils (Palm, Rapeseed), Salt, Preservatives (E282, E202), Emulsifier (E471).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5663
PRODUCT WEIGHT	360g
CASE QUANTITY	10
CASES PER PALLET	72
LAYERS PER PALLET	6
CASES PER LAYER	12
PALLET HEIGHT	1.35 m

NUTRITIONAL INFORMATION	PER 100G	PER HALF FARL (approx 45g)	RI	% Daily Reference Intake (approx 45g)
ENERGY	956 kJ 226 kcal	430 kJ 100 kcal	2000kcal	5%
FAT of which saturates	2.9g 1.8g	1.3g 0.8g	70g 20g	2% 4%
CARBOHYDRATE of which sugars	45.5g 3.8g	20.5g 1.7g	90g	2%
FIBRE	2.3g	1.0g		
PROTEIN	6.7g	3.0g		
SALT	1.2g	0.5g	6g	8%

This product contains 8 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 956 kJ / 226 kcal

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# HOT PLATE



## HOT PLATE

# IRWIN'S MINI SODA FARLS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Buttermilk (**Milk**)(42%), Raising Agents (E450, E501), Vegetable Oils (Palm, Rapeseed), Salt, Preservatives (E282, E202), Emulsifier (E471).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	????
PRODUCT WEIGHT	???g
CASE QUANTITY	6
CASES PER PALLET	?
LAYERS PER PALLET	?
CASES PER LAYER	?
PALLET HEIGHT	? m

NUTRITIONAL INFORMATION	PER 100G	PER HALF FARL (approx ??g)	RI	% Daily Reference Intake (approx ??g)
ENERGY	956 kJ 226 kcal	430 kJ 100 kcal	2000kcal	5%
FAT of which saturates	2.9g 1.8g	1.3g 0.8g	70g 20g	2% 4%
CARBOHYDRATE of which sugars	45.5g 3.8g	20.5g 1.7g	90g	2%
FIBRE	2.3g	1.0g		
PROTEIN	6.7g	3.0g		
SALT	1.2g	0.5g	6g	8%

This product contains 8 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 956 kJ / 226 kcal

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# HOT PLATE



## FRUITED

# IRWIN'S FRUIT LOAF



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Sultanas (26%), Water, Vegetable Oils (Palm, Rapeseed), Mixed Peel (2.5%) (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Acidity Regulator (E330)), Inverted Sugar Syrup, Dextrose, Ginger Shavings (2%) (Sugar, Ginger, Preservative (E220)), Yeast, Wheat Protein (**Gluten**), Salt, Emulsifiers (E481, E471), **Soya** Flour, Thickeners (E466, E415), Preservative (E282), Flour Treatment Agent (E300), Flavouring, Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5058
PRODUCT WEIGHT	454g
CASE QUANTITY	10
CASES PER PALLET	72
LAYERS PER PALLET	6
CASES PER LAYER	12
PALLET HEIGHT	1.38 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 40g)	RI	% Daily Reference Intake (approx 40g)
ENERGY	1258 kJ 295 kcal	503 kJ 118 kcal	2000kcal	6%
FAT of which saturates	5.3g 0.8g	2.1g 0.3g	70g 20g	3% 2%
CARBOHYDRATE of which sugars	55.3g 26.1g	22.1g 10.4g	90g	12%
FIBRE	2.5g	1.0g		
PROTEIN	7.0g	2.8g		
SALT	0.8g	0.3g	6g	5%

This product contains 11 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1258 kJ / 295 kcal

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# FRUITED



## FRUITED

# IRWIN'S IRISH ROSE



### INGREDIENTS

Sultanas (35%), Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Glace Cherries (9%) (contains: Cherries, Glucose Syrup, Sugar, Acidity Regulator (E330), Preservative (E202), Colour (E127)), Mixed Peel (4%) (contains: Orange Peel, Glucose Syrup, Lemon Peel, Sugar, Acidity Regulator (E330)), Ginger Shavings (3%), Margarine (contains: Vegetable Oil (Palm, Rapeseed), Emulsifier (E471), Flavouring, Colour (E160(a)), Dextrose, Yeast, Inverted Sugar Syrup, **Egg**, **Wheat** Protein, Salt, **Soya** Flour, Preservative (E282), Thickeners (E466, E415), Emulsifier (E481), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	????
PRODUCT WEIGHT	930g
CASE QUANTITY	?
CASES PER PALLET	?
LAYERS PER PALLET	?
CASES PER LAYER	?
PALLET HEIGHT	?? m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 78g)	RI	% Daily Reference Intake (approx 78g)
ENERGY	1369 kJ 322 kcal	1068 kJ 251 kcal	2000kcal	13%
FAT of which saturates	4.3g 0.7g	3.4g 0.5g	70g 20g	5% 3%
CARBOHYDRATE of which sugars	57.2g 39.5g	44.6g 30.8g	90g	34%
FIBRE	2.3g	1.8g		
PROTEIN	5.5g	4.3g		
SALT	0.6g	0.5g	6g	8%

This product contains 12 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1396 kJ / 322 kcal

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# FRUITED





## FRUITED

# IRWIN'S BARMBRACK



### INGREDIENTS

Sultanas (31%), Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Mixed Peel (Orange Peel, Glucose, Invert Sugar, Lemon Peel, Acidity Regulator (E330)), Vegetable Oils (Palm, Rapeseed), Ginger, Invert Sugar Syrup, Dextrose, Yeast, Dried **Wheat** Protein, Salt, Potato Dextrin, Emulsifiers (E471, E481), **Soya** Flour, Thickeners (E466, E415), Flour Treatment Agent (E300), Flavouring, Colour (E160(a)), Preservative (E202), Stabiliser (E412).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	????
PRODUCT WEIGHT	470g
CASE QUANTITY	?
CASES PER PALLET	?
LAYERS PER PALLET	?
CASES PER LAYER	?
PALLET HEIGHT	? m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 48g)	RI	% Daily Reference Intake (approx 48g)
ENERGY	1248 kJ 295 kcal	600 kJ 142 kcal	2000kcal	7%
FAT of which saturates	3.4g 1.5g	1.6g 0.7g	70g 20g	2% 4%
CARBOHYDRATE of which sugars	61.5g 33.0g	29.5g 15.8g	90g	18%
FIBRE	3.2g	1.5g		
PROTEIN	4.5g	2.2g		
SALT	0.6g	0.3g	6g	5%

This product contains 9 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1248 kJ / 295 kcal

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# FRUITED



## ROLLS & MUFFINS

# IRWIN'S WHITE FLOURY ROLLS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Vegetable Oils (Palm, Rapeseed), Yeast, Salt, Dextrose, Sugar, **Soya** Flour, **Wheat Gluten**, Emulsifiers (E481, E471), Flour Treatment Agent (E300, E920).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5326
PRODUCT WEIGHT	95g
CASE QUANTITY	24
CASES PER PALLET	60
LAYERS PER PALLET	12
CASES PER LAYER	5
PALLET HEIGHT	1.68 m

NUTRITIONAL INFORMATION	PER 100G	PER ROLL (approx 95g)	RI	% Daily Reference Intake (approx 95g)
ENERGY	959 kJ 226 kcal	911 kJ 215 kcal	2000kcal	11%
FAT of which saturates	3.6g 1.5g	3.4g 1.4g	70g 20g	5% 7%
CARBOHYDRATE of which sugars	43.5g 2.0g	41.3g 1.9g	90g	2%
FIBRE	1.9g	1.8g		
PROTEIN	7.5g	7.1g		
SALT	0.8g	<1.0g	6g	12%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 959 kJ / 226 kcal

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# ROLLS & MUFFINS



## ROLLS & MUFFINS

# IRWIN'S MALTED GRANARY ROLLS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Mixed Grains (10%)(Malted **Wheat** Flakes, Bran, Malted **Barley**), **Oats**, Vegetable Oils (Palm, Rapeseed), Yeast, Salt, Dextrose, Sugar, **Soya** Flour, **Wheat Gluten**, Emulsifiers (E481, E471), Flour Treatment Agent (E300, E920).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5327
PRODUCT WEIGHT	95g
CASE QUANTITY	24
CASES PER PALLET	60
LAYERS PER PALLET	12
CASES PER LAYER	5
PALLET HEIGHT	1.68 m

NUTRITIONAL INFORMATION	PER 100G	PER ROLL (approx 95g)	RI	% Daily Reference Intake (approx 95g)
ENERGY	1041 kJ 246 kcal	989 kJ 234 kcal	2000kcal	12%
FAT	3.5g	3.3g	70g	5%
of which saturates	1.4g	1.3g	20g	7%
CARBOHYDRATE	37.9g	36.0g	90g	2%
of which sugars	2.2g	2.1g		
FIBRE	3.7g	3.5g		
PROTEIN	8.2g	7.8g		
SALT	0.7g	<1.0g	6g	12%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1041 kJ / 246 kcal

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# ROLLS & MUFFINS



## ROLLS & MUFFINS

# IRWIN'S CATERING MUFFINS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, Vegetable Oils (Palm, Rapeseed), Salt, Sugar, Emulsifiers (E471, E472(e)), **Soya** Flour, **Wheat** Dextrose, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5131
PRODUCT WEIGHT	460g
CASE QUANTITY	6
CASES PER PALLET	96
LAYERS PER PALLET	8
CASES PER LAYER	12
PALLET HEIGHT	1.5 m

NUTRITIONAL INFORMATION	PER 100G	PER MUFFIN (approx 115g)	RI	% Daily Reference Intake (approx 115g)
ENERGY	1137 kJ 269 kcal	1308 kJ 310 kcal	2000kcal	16%
FAT of which saturates	4.3g 2.0g	4.9g 2.3g	70g 20g	7% 12%
CARBOHYDRATE of which sugars	49.8g 3.8g	57.3g 4.4g	90g	5%
FIBRE	2.3g	2.6g		
PROTEIN	10.0g	11.5g		
SALT	1.0g	1.2g	6g	20%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1137 kJ / 269 kcal

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# ROLLS & MUFFINS





## ROLLS & MUFFINS

# IRWIN'S MUFFINS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Sugar, Yeast, Vegetable Oils (Palm, Rapeseed), Salt, Emulsifiers (E471, E472(e), E481), Preservative (E282), Flavouring, Flour Treatment Agent (E300), Colour (E160(a)).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5433
PRODUCT WEIGHT	240g
CASE QUANTITY	10
CASES PER PALLET	96
LAYERS PER PALLET	8
CASES PER LAYER	12
PALLET HEIGHT	1.5 m

NUTRITIONAL INFORMATION	PER 100G	PER MUFFIN (approx 60g)	RI	% Daily Reference Intake (approx 60g)
ENERGY	1198 kJ 284 kcal	719 kJ 170 kcal	2000kcal	9%
FAT of which saturates	5.3g 2.1g	3.2g 1.3g	70g 20g	5% 7%
CARBOHYDRATE of which sugars	51.9g 7.5g	31.1g 4.5g	90g	5%
FIBRE	2.6g	1.6g		
PROTEIN	8.5g	5.1g		
SALT	1.0g	0.6g	6g	10%

This product contains 4 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1198 kJ / 284 kcal

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# ROLLS & MUFFINS



## LOAVES

# IRWIN'S FARMHOUSE BROWN EXTRA THICK



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Mixed Grains (Poppy Seeds, Malted **Wheat**, **Wheat** Flakes, Rye Flakes, Yellow Linseed, Millet Seeds, Sunflower Seeds, Malted **Rye**, Pearl **Barley**), Yeast, **Wheat** Protein, Salt, Glucose Syrup, Vegetable Oil (Palm, Rapeseed), Emulsifiers ([E481], [E472e]), Flour Treatment Agent [E300].

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5030
PRODUCT WEIGHT	800g
CASE QUANTITY	12
CASES PER PALLET	30
LAYERS PER PALLET	6
CASES PER LAYER	5
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SERVING (approx 47g)	RI	% Daily Reference Intake (approx 47g)
ENERGY	1118 kJ 264 kcal	525 kJ 124 kcal	2000kcal	6%
FAT of which saturates	3.8g 1.2g	1.8g 0.6g	70g 20g	3% 3%
CARBOHYDRATE of which sugars	47.2g 8.1g	22.2g 3.8g	90g	4%
FIBRE	3.5g	1.6g		
PROTEIN	9.8g	4.6g		
SALT	0.9g	0.4g	6g	7%

This product contains 17 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1118 kJ / 264 kcal

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# LOAVES



## LOAVES

# IRWIN'S WHOLEMEAL PAN EXTRA THICK

### INGREDIENTS

Wholemeal **Wheat** Flour, Water, Yeast, **Wheat Gluten**, Emulsifiers (E481, E472(e)), Vegetable Oils (Palm, Rapeseed), Salt, **Wheat** Flour, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS



PRODUCT CODE	5093
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 42g)	RI	% Daily Reference Intake (approx 42g)
ENERGY	786 kJ 185 kcal	330 kJ 78 kcal	2000kcal	4%
FAT of which saturates	2.7g 1.3g	1.1g 0.6g	70g 20g	2% 3%
CARBOHYDRATE of which sugars	34.6g 1.1g	14.6g 0.5g	90g	1%
FIBRE	4.9g	2.1g		
PROTEIN	8.2g	3.4g		
SALT	0.8g	0.3g	6g	5%

This product contains 19 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 786 kJ / 185 kcal

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# LOAVES



## LOAVES

# IRWIN'S WHOLEMEAL PAN MEDIUM SLICED

### INGREDIENTS

Wholemeal **Wheat** Flour, Water, Yeast, **Wheat Gluten**, Emulsifiers (E481, E472(e)), Vegetable Oils (Palm, Rapeseed), Salt, **Wheat** Flour, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS



PRODUCT CODE	5199
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 38g)	RI	% Daily Reference Intake (approx 38g)
ENERGY	786 kJ 185 kcal	300 kJ 70 kcal	2000kcal	4%
FAT of which saturates	2.7g 1.3g	1.0g 0.5g	70g 20g	1% 3%
CARBOHYDRATE of which sugars	34.6g 1.1g	13.1g 0.4g	90g	<1%
FIBRE	4.9g	1.9g		
PROTEIN	8.2g	3.1g		
SALT	0.8g	0.3g	6g	5%

This product contains 21 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1096 kJ / 259 kcal

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# LOAVES





## LOAVES

# IRWIN'S WHOLEMEAL PAN EXTRA THICK

### INGREDIENTS

Wholemeal **Wheat** Flour, Water, Yeast, **Wheat Gluten**, Emulsifiers (E481, E472(e)), Vegetable Oils (Palm, Rapeseed), Salt, **Wheat** Flour, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS



PRODUCT CODE	5275
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 42g)	RI	% Daily Reference Intake (approx 42g)
ENERGY	786 kJ 185 kcal	330 kJ 78 kcal	2000kcal	4%
FAT of which saturates	2.7g 1.3g	1.1g 0.6g	70g 20g	2% 3%
CARBOHYDRATE of which sugars	34.6g 1.1g	14.6g 0.5g	90g	1%
FIBRE	4.9g	2.1g		
PROTEIN	8.2g	3.4g		
SALT	0.8g	0.3g	6g	5%

This product contains 19 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 786 kJ / 185 kcal

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# LOAVES



## LOAVES

# IRWIN'S MALTED GRAIN THICK



### INGREDIENTS

Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Barley**, Salt, Emulsifiers (E471, E472(e), E481), Wheat Protein (**Gluten**), Vegetable Oils (Palm, Rapeseed), Malt Extract, Malted **Wheat**, Preservative (E282), **Wheat** Bran, Malted **Barley**, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5276
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 42g)	RI	% Daily Reference Intake (approx 42g)
ENERGY	1009 kJ 238 kcal	423 kJ 100 kcal	2000kcal	5%
FAT of which saturates	2.0g 1.1g	0.8g 0.5g	70g 20g	1% 3%
CARBOHYDRATE of which sugars	48.9g 3.0g	20.5g 1.3g	90g	1%
FIBRE	2.6g	1.1g		
PROTEIN	8.7g	3.6g		
SALT	1.0g	0.4g	6g	7%

This product contains 19 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1009 kJ / 238 kcal

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# LOAVES



## LOAVES

# IRWIN'S FARMHOUSE MALTED GRAIN



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Mixed Grains (Malted **Wheat**, **Wheat** Bran, **Barley**), Malted **Barley**, Yeast, Salt, **Wheat** Protein, Emulsifiers ([E481], [E472e], [E471]), Malted **Wheat** Flour, Vegetable Oil (Palm oil, Rapeseed oil), Flour Treatment Agent [E300], Preservative [E260], Acidity Regulator [E525].

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5380
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 62g)	RI	% Daily Reference Intake (approx 62g)
ENERGY	1066 kJ 252 kcal	661 kJ 156 kcal	2000kcal	8%
FAT of which saturates	1.9g 0.9g	1.2g 0.6g	70g 20g	2% 3%
CARBOHYDRATE of which sugars	40.4g 1.3g	25.0g 0.8g	90g	1%
FIBRE	3.6g	2.2g		
PROTEIN	9.4g	5.8g		
SALT	1.0g	0.6g	6g	10%

This product contains 13 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1066 kJ / 252 kcal

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# LOAVES



## LOAVES

# IRWIN'S OPEN TOP WHOLEMEAL EXTRA THICK



### INGREDIENTS

Wholemeal **Wheat** Flour, Water, Yeast, Salt, Emulsifiers (E472(e), E481), **Wheat Gluten**, Vegetable Oils (Palm, Rapeseed), Preservative (E282), Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5587
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 47g)	RI	% Daily Reference Intake (approx 47g)
ENERGY	936 kJ 222 kcal	440 kJ 104 kcal	2000kcal	5%
FAT of which saturates	2.3g 0.6g	1.1g 0.3g	70g 20g	2% 2%
CARBOHYDRATE of which sugars	44.7g 1.8g	21.0g 0.8g	90g	1%
FIBRE	6.9g	3.2g		
PROTEIN	9.1g	4.3g		
SALT	1.0g	0.5g	6g	8%

This product contains 17 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 936 kJ / 222 kcal

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# LOAVES





## LOAVES

# IRWIN'S MALTED GRAIN MEDIUM



### INGREDIENTS

Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Barley**, Salt, Emulsifiers (E471, E472(e), E481), Wheat Protein (**Gluten**), Vegetable Oils (Palm, Rapeseed), Malt Extract, Malted **Wheat**, Preservative (E282), **Wheat** Bran, Malted **Barley**, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5617
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 38g)	RI	% Daily Reference Intake (approx 38g)
ENERGY	1009 kJ 238 kcal	383 kJ 90 kcal	2000kcal	5%
FAT of which saturates	2.0g 1.1g	0.8g 0.4g	70g 20g	1% 2%
CARBOHYDRATE of which sugars	48.9g 3.0g	18.6g 1.1g	90g	1%
FIBRE	2.6g	1.0g		
PROTEIN	8.7g	3.3g		
SALT	1.0g	0.4g	6g	7%

This product contains 21 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1009 kJ / 238 kcal

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# LOAVES



## LOAVES

# IRWIN'S MULTIGRAIN MEDIUM



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Mixed Grains (10%)(Malted **Wheat** Flakes, **Wheat** Flakes, **Rye** Flakes, Yellow Linseed, Millet Seed, Malted **Wheat** Flour, Sunflower Seed, Poppy Seed), **Wheat** Bran, Yeast, **Wheat Gluten**, Salt, Vegetable Oils (Palm, Rapeseed), Malted **Barley** Flour, Emulsifiers (E481, E472(e)), Preservative (E282), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5633
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 38g)	RI	% Daily Reference Intake (approx 38g)
ENERGY	943 kJ 223 kcal	358 kJ 85 kcal	2000kcal	4%
FAT of which saturates	2.8g 1.0g	1.1g 0.4g	70g 20g	2% 2%
CARBOHYDRATE of which sugars	41.7g 6.1g	15.8g 2.3g	90g	3%
FIBRE	4.3g	1.6g		
PROTEIN	6.9g	2.6g		
SALT	0.8g	0.3g	6g	5%

This product contains 21 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 943 kJ / 223 kcal

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# LOAVES



## LOAVES

# IRWIN'S MALTED GRAIN EXTRA THICK



### INGREDIENTS

Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Barley**, Salt, Emulsifiers (E471, E472(e), E481), Wheat Protein (**Gluten**), Vegetable Oils (Palm, Rapeseed), Malt Extract, Malted **Wheat**, Preservative (E282), **Wheat** Bran, Malted **Barley**, Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5640
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER PORTION (approx 47g)	RI	% Daily Reference Intake (approx 47g)
ENERGY	1009 kJ 238 kcal	474 kJ 112 kcal	2000kcal	6%
FAT of which saturates	2.0g 1.1g	0.9g 0.5g	70g 20g	1% 3%
CARBOHYDRATE of which sugars	48.9g 3.0g	22.9g 1.4g	90g	2%
FIBRE	2.6g	1.2g		
PROTEIN	8.7g	4.1g		
SALT	1.0g	0.5g	6g	8%

This product contains 17 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1009 kJ / 238 kcal

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# LOAVES



## LOAVES

# IRWIN'S FARMHOUSE WHITE EXTRA THICK PAN



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Oat** Flakes, Salt, Glucose Syrup, Vegetable Oil (Palm, Rapeseed), **Soya** Flour, Emulsifiers ([E481], [E472(e)]), Flour Treatment Agent [E300].

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5078
PRODUCT WEIGHT	800g
CASE QUANTITY	12
CASES PER PALLET	30
LAYERS PER PALLET	6
CASES PER LAYER	5
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 47g)	RI	% Daily Reference Intake (approx 47g)
ENERGY	1025 kJ 242 kcal	481 kJ 114 kcal	2000kcal	6%
FAT	1.7g	0.8g	70g	1%
of which saturates	0.4g	0.2g	20g	1%
CARBOHYDRATE	46.7g	22.0g	90g	1%
of which sugars	1.2g	0.6g		
FIBRE	2.0g	0.9g		
PROTEIN	8.9g	4.2g		
SALT	1.1g	0.5g	6g	8%

This product contains 17 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1025 kJ / 242 kcal

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# LOAVES





## LOAVES

# IRWIN'S EXTRA THICK WHITE PAN



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Dextrose, Emulsifiers (E472(e)), Preservative (E282), Vegetable Oils (Palm, Rapeseed), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5092
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 42g)	RI	% Daily Reference Intake (approx 42g)
ENERGY	1096 kJ 259 kcal	460 kJ 109 kcal	2000kcal	5%
FAT of which saturates	2.5g 0.9g	1.1g 0.4g	70g 20g	2% 2%
CARBOHYDRATE of which sugars	49.0g 1.7g	20.6g 0.7g	90g	1%
FIBRE	0.5g	0.2g		
PROTEIN	9.8g	4.1g		
SALT	1.0g	0.4g	6g	7%

This product contains 19 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1096 kJ / 259 kcal

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# LOAVES



## LOAVES

# IRWIN'S FARMHOUSE WHITE SUPER THICK PAN



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Oat** Flakes, Salt, Glucose Syrup, Vegetable Oil (Palm, Rapeseed), **Soya** Flour, Emulsifiers ([E481], [E472(e)]), Flour Treatment Agent [E300].

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5176
PRODUCT WEIGHT	800g
CASE QUANTITY	12
CASES PER PALLET	30
LAYERS PER PALLET	6
CASES PER LAYER	5
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 62g)	RI	% Daily Reference Intake (approx 62g)
ENERGY	1025 kJ 242 kcal	636 kJ 150 kcal	2000kcal	8%
FAT of which saturates	1.7g 0.4g	1.1g 0.2g	70g 20g	2% 1%
CARBOHYDRATE of which sugars	46.7g 1.2g	29.0g 0.7g	90g	1%
FIBRE	2.0g	1.2g		
PROTEIN	8.9g	5.5g		
SALT	1.1g	0.7g	6g	12%

This product contains 13 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1025 kJ / 242 kcal

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# LOAVES



## LOAVES

# IRWIN'S MEDIUM WHITE PAN



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Dextrose, Emulsifiers (E472(e)), Preservative (E282), Vegetable oils (Palm, Rapeseed), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5198
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 38g)	RI	% Daily Reference Intake (approx 38g)
ENERGY	1096 kJ 259 kcal	416 kJ 98 kcal	2000kcal	5%
FAT	2.5g	0.9g	70g	1%
of which saturates	0.9g	0.3g	20g	2%
CARBOHYDRATE	49.0g	18.6g	90g	1%
of which sugars	1.7g	0.6g		
FIBRE	0.5g	0.2g		
PROTEIN	9.8g	3.7g		
SALT	1.0g	0.4g	6g	7%

This product contains 21 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1096 kJ / 259 kcal

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# LOAVES



## LOAVES

# IRWIN'S CATERING THICK WHITE PAN

### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Dextrose, Emulsifiers (E472(e)), Preservative (E282), Vegetable Oils (Palm, Rapeseed), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS



PRODUCT CODE	5274
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 42g)	RI	% Daily Reference Intake (approx 42g)
ENERGY	1096 kJ 259 kcal	460 kJ 109 kcal	2000kcal	5%
FAT of which saturates	2.5g 0.9g	1.1g 0.4g	70g 20g	2% 2%
CARBOHYDRATE of which sugars	49.0g 1.7g	20.6g 0.7g	90g	1%
FIBRE	0.5g	0.2g		
PROTEIN	9.8g	4.1g		
SALT	1.0g	0.4g	6g	7%

This product contains 19 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1096 kJ / 259 kcal

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# LOAVES





## LOAVES

# IRWIN'S OPEN TOP WHITE EXTRA THICK



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Vegetable Oils (Palm, Rapeseed), Emulsifiers (E472(e), E481), Preservative (E282), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5581
PRODUCT WEIGHT	800g
CASE QUANTITY	8
CASES PER PALLET	48
LAYERS PER PALLET	6
CASES PER LAYER	8
PALLET HEIGHT	1.74 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 47g)	RI	% Daily Reference Intake (approx 47g)
ENERGY	1005 kJ 237 kcal	472 kJ 111 kcal	2000kcal	6%
FAT of which saturates	1.7g 0.5g	0.8g 0.2g	70g 20g	1% 1%
CARBOHYDRATE of which sugars	48.2g 2.7g	22.7g 1.3g	90g	1%
FIBRE	3.4g	1.6g		
PROTEIN	9.0g	4.2g		
SALT	1.0g	0.5g	6g	8%

This product contains 17 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1005 kJ / 237 kcal

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# LOAVES



## LOAVES

# IRWIN'S VEDA



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Malted **Wheat** Flour & Malted **Barley** (10%), Malt Extract, Yeast, Sugar, Salt, Vegetable Oils (Palm, Rapeseed), **Soya** Flour, Emulsifiers (E471, E472(e)), Dextrose, Flour Treatment Agent (E300), Preservative (E282), Caramel Powder.

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

**V** SUITABLE FOR VEGETARIANS

PRODUCT CODE	5160
PRODUCT WEIGHT	400g
CASE QUANTITY	8
CASES PER PALLET	72
LAYERS PER PALLET	6
CASES PER LAYER	12
PALLET HEIGHT	1.38 m

NUTRITIONAL INFORMATION	PER 100G	PER SLICE (approx 36g)	RI	% Daily Reference Intake (approx 36g)
ENERGY	1095 kJ 259 kcal	394 kJ 93 kcal	2000kcal	5%
FAT of which saturates	1.7g 0.4g	0.6g 0.1g	70g 20g	1% 1%
CARBOHYDRATE of which sugars	53.4g 5.7g	19.2g 2.0g	90g	2%
FIBRE	3.6g	1.3g		
PROTEIN	9.2g	3.3g		
SALT	0.6g	0.2g	6g	3%

This product contains 11 servings

Of your Daily Reference Intake.  
Typical energy values per 100g: 1095 kJ / 259 kcal

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# LOAVES



## LOAVES

# IRWIN'S BREADCRUMBS



### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin), Water, Yeast, **Salt**, Soya Flour, Dextrose, Emulsifiers (E471, E472(e), E481), Preservative (E282), Vegetable Oils (Palm, Rapeseed), Flour Treatment Agent (E300).

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

 SUITABLE FOR VEGETARIANS

PRODUCT CODE	5184
PRODUCT WEIGHT	2 Kg
CASE QUANTITY	2
CASES PER PALLET	104
LAYERS PER PALLET	8
CASES PER LAYER	13
PALLET HEIGHT	1.5 m

NUTRITIONAL INFORMATION	PER 100G	RI	% Daily Reference Intake (per 100g)
ENERGY	1096 kJ 259 kcal	2000kcal	13%
FAT	2.5g	70g	4%
of which saturates	0.9g	20g	5%
CARBOHYDRATE	49.0g	90g	2%
of which sugars	1.7g		
FIBRE	0.5g		
PROTEIN	9.8g		
SALT	1.0g	6g	1%

Of your Daily Reference Intake.  
Typical energy values per 100g: 1096 kJ / 259 kcal

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# LOAVES

